

## Pre-K 4 SA Menu: September 7th - 11th, 2015

(Cycle: Week 3, Day 11 - 15)

|            | MONDAY    | TUESDAY                  | WEDNESDAY              | THURSDAY                 | FRIDAY                  |
|------------|-----------|--------------------------|------------------------|--------------------------|-------------------------|
|            | 7-Sep     | 8-Sep                    | 9-Sep                  | 10-Sep                   | 11-Sep                  |
| Breakfast  |           | Chicken & Waffles        |                        |                          |                         |
|            |           | WG Chicken Nuggets       | Turkey Sausage Patty   | Breakfast Pizza          | WW English Muffin       |
|            |           | WG Waffle                | WG Biscuit             | (Bacon/Egg/Cheese)       | Mandarin Oranges        |
|            | <u>—•</u> | Cinnamon Peaches         | Pineapple Tidbit Cup   | Seasonal Fresh Fruit     | Milk                    |
|            | て         | Milk                     | Milk                   | Milk                     |                         |
|            | <b>U</b>  |                          | (Jelly)                |                          | (Jelly)                 |
| Lunch      | Ŋ         |                          | Turkey Chili Mac       |                          | Chic N' Mac             |
|            | 0         | Beef Meatloaf            | Ground Chicken         | WG Mini Turkey Corn Dogs | Grilled Chicken Nuggets |
|            | 7         | Tomato Sauce             | WW Macaroni Pasta      | Sweet Potato Fries       | WG Macaroni Pasta       |
|            |           | Brown Rice               | Shredded Cheese        | Seasoned Zuchinni        | Cheese Sauce            |
|            | ı         | Steamed Corn             | Normandy Blend Veg     | Milk                     | Baked Beans             |
|            | >         | Seasonal Fresh Fruit     | Cinnamon Apples        |                          | Seasonal Fresh Fruit    |
|            | Ö         | Milk                     | Milk                   |                          | Milk                    |
|            | Ö         |                          |                        | (Ketchup; Mustard)       | (Ketchup)               |
| Snack      |           |                          |                        |                          |                         |
|            | Ž         | WG Animal Crackers       | Diced Pear Cup         | Rice Krispy Treat        | Diced Peach Cup         |
|            | 0         | Mozzarella String Cheese | Oatmeal Strawberry Bar | Seasonal Fruit           | WW Crackers             |
|            | <u> </u>  |                          |                        |                          |                         |
| Late Snack | Э         |                          |                        |                          |                         |
|            |           | Baby Carrots             | Fruit Yogurt Cup       | WG Cinnamon Goldfish     | Apple Cereal Bar        |
|            |           | Pretzels                 | WW Crackers            | Craisins                 | Milk                    |
|            |           |                          |                        |                          |                         |

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